

# SCOTTISH HILL RUNNERS 2026 RACE CALENDAR



2026 Race Information  
Championships and International Fixtures

All images: *Iain Gilmore*



## SCOTTISH HILL RUNNERS CALENDAR 2026

### Introduction

The Scottish Hill Runners Calendar provides a comprehensive list of hill races in Scotland, including Highland Games, Mountain Marathons and junior hill races. Several championship fixtures from further afield are also included, such as the World Championship and World Masters races.

Although we have made every effort to ensure the information in the Calendar is accurate, neither the compilers nor Scottish Hill Runners (SHR) can accept any responsibility for any errors or their consequences. We suggest that for any amendments to race details, you should check the SHR website at [www.scottishhillrunners.uk](http://www.scottishhillrunners.uk). For races at Highland Games events, we advise you to phone the organiser before travelling (particularly for the race's start time) or visit [shga.co.uk](http://shga.co.uk).

If you find any errors in the Calendar, or have any amendments to make, then please e-mail the corrections to Neil Gilmore ([neilgilmore@blueyonder.co.uk](mailto:neilgilmore@blueyonder.co.uk)).

A team of volunteers has helped to produce this calendar. Thanks are due to Neil Gilmore, Andy Spenceley and Angela Mudge (advertising and for scottishathletics information). Many thanks also to John Hepburn, who has designed the calendar.

### Scottish Hill Runners (SHR)

SHR is an independent organisation providing services for hill runners in Scotland. Membership benefits include insurance, an annual journal and this Calendar. We aim to provide information on all aspects of hill racing, training, long distance challenges, and non-competitive hill running in Scotland.

Committee: Convenor - Jill Stephen; Secretary - Alastair Pringle; Treasurer - Stewart Whittie; Journal – James Callander; Membership - Gordon Pryde, Statistician - Andy Spenceley; Championships - Angela Mudge; Committee Members - Kirsty Dickson, Peter Mackie Web Master - Jamie Provan; Insurance – Fred Davis

SHR annual membership runs from 1st January and costs £10 (£5 junior/student/unwaged). The cost for additional members at the same address is £5 each, but only one copy of a printed publication will be given for a joint membership. To join SHR access the SiEntries link

[https://www.sientries.co.uk/event.php?elid=Y&event\\_id=16501](https://www.sientries.co.uk/event.php?elid=Y&event_id=16501)

#### Race Categories

A hill race is one run on hill or mountain terrain and shall be categorised as follows:

##### Category A

- (a) Should average not less than 50m of climb per km of distance.
- (b) Should not have more than 20% of race distance on road.
- (c) Should be at least 1.5km in length.

##### Category B

- (a) Should average not less than 25m of climb per km of distance.
- (b) Should not have more than 30% of race distance on road.

##### Category C

- (a) Should average not less than 20m of climb per km of distance.
- (b) Should not have more than 40% of race distance on road.
- (c) Should contain some genuine fell terrain.

#### Race Length Categories

- (a) Category L (long) race is 20 km or over in length.
- (b) Category M (medium) race is over 10 km but less than 20 km.
- (c) Category S (short) race is 10 km or under in length.

#### Junior age limits

Many shorter races are suitable for juniors or have separate courses for juniors. The maximum length of course that juniors shall be expected to race are:

Under 10	2 km
10 to 12 years	3 km
12 to 13 years	5 km
14 to 15 years	7 km
16 to 17 years	10 km

If you would like a copy of the Junior Hill Running Race Calendar, which is a separate listing of all hill races suitable for juniors, then please contact Angela Mudge [committee6@scottishhillrunners.uk](mailto:committee6@scottishhillrunners.uk)

### Scottish Hill Runners Championships

#### Senior Championship

The SHR Championship for 2026 consists of the following 6 races: **Ben Chonzie (L)**, **Durisddeer (M)**, **The Law Breaker (S)**, **Glamaig (S)**, **Two Breweries (L)** and **Run Of The Mill (M)**

1. To complete the Championship, you must finish one race from each category (S, M, L), plus one other: i.e. four races in total. (NB: V60 and older runners are allowed to complete any 4 out of the 6 races). Each runner who completes the Championship will be awarded a memento.

Prizes will be awarded to the first three male and female runners in each category – Senior, V40, V50, V55, V60, V65, V70, V75 and V80 if there are any entries. Category winners up to V50 will also receive a trophy, to be kept for one year. Category is determined by runner's age on the day of the race. Team prizes will be awarded to the first Senior and Over-40 teams, four runners to count for Senior men's teams and three for Senior women's teams. Over-40 teams are three runners to count for both men and women. NB: An athlete can only count for one Club's team in a given championship race.

2. To receive a trophy or prize, you must be able to claim Scottish eligibility: i.e. Scottish by birth or residence, or via a first-claim Scottish club.
3. Points are awarded to the first 40 runners in each category. The winner in each category receives one extra point, e.g. 41 points for first, 39 points for second, etc. You don't need to score any points to receive a memento, so long as you complete the relevant four races.
4. In the event of a tie in any of the championship categories, the winner will be the one who has beaten the other the most in championship races. If contenders are still equal after this has been applied, then they will tie.
5. There is no requirement for runners to be an affiliated club member or member of SHR, although to receive a memento you should be a member of SHR.

#### Under 23 Championship

The SHR Under 23 Championship for 2026 consists of the following 5 races: **Dumyat**, **Durisddeer**, **The Law Breaker**, **Glamaig** and **Run Of The Mill**

1. To complete the Championship, you must do at least 3 races. Runners count their 2 best results.
2. To be eligible, runners must be under 23 on the day of the race. They must also have Scottish eligibility, i.e. be Scottish by birth, or by residence, or via a first-claim Scottish club.
3. Points are awarded to the first 10 men and women, with the winner receiving 41 points for first, 39 points for second, 38 points for third, etc. The winner will be the runner with the highest score from their two best results. If two runners have the same score, the person with the better aggregate score over the three races will win. If this still results in a tie, then the position will be shared.
4. Awards will be presented to the first three men and women (providing they have Scottish eligibility), and mementos given to all runners completing at least two races, regardless of eligibility.

Any queries about the SHR Championship should be addressed to Andy Spenceley [committee10@scottishhillrunners.uk](mailto:committee10@scottishhillrunners.uk)

**scottishathletics HILL RUNNING CHAMPIONSHIPS****Senior Championship**

The **scottishathletics** Senior and U20 (defined as born 2007-2008), Championship Race will be at **Ben Ledi Uphill Only** on 11th April. Only individual members of **scottishathletics** will count for the Championship, although the race itself is open to all.

The championship categories are: individual senior men/women, V40 men/women (40-49 years old), V50 men/women (50-59 years old), V60 men/women (60 years old or over) and V70 men/women (70 years old or over Note - veteran age groups are determined from age on the day of the race. There is also a club team competition, with 4 to count for men's teams and 3 to count for women's teams. An athlete can only count for one club's team in a given championship race and it will be the team that they have entered the race under.

**Junior Championship and League**

The **scottishathletics** Junior Championship will be at the **Broughton Heights** on Saturday 16th May. The Championship is open to members of **scottishathletics**. The categories are U18 (born 2009-2010), U16 (born 2011-2012), U14 (born 2013-2014) with separate male and female awards. U12 (born 2015-2016) can also complete the league but are not eligible for overall awards.

The junior league is promoted by the Hill Running Commission (**scottishathletics**) in order to provide a competitive introduction to junior hill running in Scotland. It encourages juniors to develop the skills and talents needed to be a successful hill runner. Our aims are to produce runners who can compete in the home nations context and beyond and to foster awareness of hill running as a discipline in athletics.

The **scottishathletics** Junior League for 2026 includes the following 7 races :

<b>19 Apr</b>	<b>Dumyat</b>	<b>Stirling</b>	<b>20 Jun</b>	<b>Eildon Junior Race</b>	<b>Melrose</b>
<b>26 Apr</b>	<b>Lomonds Junior Races</b>	<b>Falkland</b>	<b>16 Aug</b>	<b>Cademuir Rollercoaster</b>	<b>Peebles</b>
<b>16 May</b>	<b>Broughton Heights*</b>	<b>Broughton</b>	<b>19 Sept</b>	<b>Suidhe Hill Race*</b>	<b>Kincaig</b>
<b>06 Jun</b>	<b>Braemar Junior Highland Games</b>	<b>Braemar</b>			

\* Ten bonus points awarded at these races

NB: Please check the details of each individual event as to which race to compete in on the day as there may be multiple senior/junior races.

The league categories are: U18 (born 2009-2010), U16 (born 2011-2012) and races for U14 (2013-2014) and U12 (U12 do not score but can claim a memento if they finish the series).

Points will be awarded to the first 18 individuals in each category: 1st place 25 points, 2nd 20 points, 3rd 17 points, 4th 15 points, 5th 14 points, reducing at one point intervals down to 18th 1 point. The final league score comprises the athlete's best 3 race scores, plus 2 points for each race completed. If overall points are tied after the final League race, points scored at the SA junior championships, Cornalees Junior Race will be used to determine the winner of the age category.

The **scottishathletics** U20 (born 2007-2008) League includes the following 7 races :

<b>28 Mar</b>	<b>Birnam Hill Race</b>	<b>Birnam</b>
<b>11 Apr</b>	<b>Ben Ledi Uphill Race*</b>	<b>nr Kilmahog</b>
<b>03 May</b>	<b>Sedbergh</b>	<b>Sedbergh</b>
<b>06 May</b>	<b>Dumyat</b>	<b>Stirling University</b>
<b>13 Jun</b>	<b>Cornalees</b>	<b>nr Greenock</b>
<b>20 Jun</b>	<b>The Law Breaker</b>	<b>Tillicoultry</b>
<b>16 Aug</b>	<b>Cademuir Rollercoaster*</b>	<b>Peebles</b>

\* Ten bonus points awarded at these races

**The Martin Hyman Memorial Medal** is awarded at the end of each year for excellence and sportsmanship in junior hill running. More details can be found at: [www.scottishathletics.org.uk/athletes/performance/selection-policies](http://www.scottishathletics.org.uk/athletes/performance/selection-policies)

**Membership of scottishathletics**

**scottishathletics** is the governing body in Scotland for hill racing held under the UK Athletics code for competition. For more information about membership and the benefits of joining, please visit: [www.scottishathletics.org.uk](http://www.scottishathletics.org.uk)

**SCOTTISH HILL RUNNERS RACE SERIES****Scottish Long Classics**

The Long Classics Series will consist of the following 13 races: **Heart Of Granite, Ben Chonzie, Stuc a'Chroin, Jura, Trotternish Ridge, Glen Rosa Horseshoe, Slioch Horseshoe, Arrochar Alps, Ben Rinnes, Lomonds Of Fife, Ochil 2000s, Two Breweries** and **Carnethy Skyloop**. Final rankings will be based on your 5 best results. Competitors must complete at least 5 races to receive a final classification. Stewart Whittie will provide updates of results and any queries should be referred to him ([treasurer@scottishhillrunners.uk](mailto:treasurer@scottishhillrunners.uk)).

**Bog and Burn**

The Bog and Burn Series will consist of the following 13 races: **Kaim, Beinn Dubh, Dumyat, Whangie Whizz, Ben Sheann, Kilpatricks, Gypsy Glen, Red Moss Kips, Turnhouse, Cort-ma Law, Maddy Moss, Cairn Table** and **Caerketton**. Final scores are based on your 6 best results. Competitors must complete at least 6 races to receive a final classification. Prize-giving for the Bog and Burn will take place after Caerketton, the last race in the series. Ali Black will provide updates of results and any queries should be referred to him ([apblack@hotmail.co.uk](mailto:apblack@hotmail.co.uk))

## Runners and Safety

Individual runners (as well as race organisers) have responsibilities with regard to safety. Precise requirements demanded by a race organiser will also depend on his/her insurance arrangements.

SHR published a revised safety code in 2014 for races insured through SHR and this code has now also been adopted by **scottishathletics** for hill races in Scotland. The code consists of generic safety rules and safety guidelines for race organisers and competitors. For full details refer to <http://www.scottishhillrunners.uk/Safety.aspx>.

### **Under the mandatory safety rules for competitors, the competitor shall:**

1. Comply with these safety rules and any additional event specific safety rule imposed by the Race Organiser (RO).
2. Follow the procedures described by the RO if they fail to start or abandon the race.
3. Obey all instructions from race officials.
4. Be aware of the serious disabling consequences of hypothermia, dehydration and heat exhaustion and act appropriately during the race.
5. Carry sufficient safety equipment (including food and drink) throughout the race to be able to navigate and provide protection from hypothermia, or dehydration and heat in the worst foreseeable weather conditions during the race, noting that rescue could take a long time.
6. Take note of the local weather forecast for the day and judge their capabilities accordingly.
7. Consider how any health impairments may jeopardise the safety of him/ herself or of others and act accordingly.
8. Take note of RO information on the nature of the terrain on the race route, checkpoints to be visited or course to be followed and any restrictions to route choice, and ensure they have the skills and experience required to safely negotiate the course.
9. Have the skills and experience required to comply with the RO's navigation and safety requirements, having assessed conditions on the day.
10. Take reasonable care not to create hazards that may cause harm to other people and support anyone in need of assistance, even if it means abandoning your race.

### **Key points for competitors are:**

- All hill race competitors have prime responsibility for their own safety. You must make the judgement as to whether you are able and equipped to cope with the demands of the event. This is a risk sport.
- Arrive at the venue with as much kit as the organisers are likely to require you to carry on the day. This means windproof and waterproof full body cover, hat, gloves, map, compass, whistle, food, and any other items you deem necessary for your protection.
- Be able to recognise the signs of **hypothermia**, **hypoglycaemia** and **heat exhaustion** in yourself and others. **Hypothermia:** not responding to conversation; uncoordinated movement and speech; inability to think clearly; wanting to carry on in adverse conditions; skin cold where normally warm, such as under armpit. Immediate action: wrap in warm clothing. **Hypoglycaemia:** confusion, ill co-ordinated movement and speech; weakness, hunger. Immediate action: drink glucose solution or suck sweets. **Heat exhaustion:** general fatigue, muscle cramps, dizziness, vomiting, fainting, cold/clammy or hot/dry skin. Immediate action: rest in a cooler place with feet elevated and drink (salty) water.

## Insurance

Scottish Hill Runners offers its own insurance policy as a privilege of SHR membership. This provides third party liability insurance for all SHR members as race organisers or as participants for any hill race. N.B: Race organisers should note that cover is not automatic - they must register their race with SHR (Jill Stephen - [secretary@scottishhillrunners.uk](mailto:secretary@scottishhillrunners.uk)) and complete the safety sign-off document well in advance of their race. For more information, as well as the required documentation, go to [www.scottishhillrunners.uk/Insurance.aspx](http://www.scottishhillrunners.uk/Insurance.aspx).

Clubs affiliated to **scottishathletics** are covered by the UK Athletics insurance policy for all their organised athletics activities including any races promoted by the club. Race promoters who are not athletics clubs may now affiliate to **scottishathletics** under the new category of associate membership if they wish to have their races covered by the UK Athletics insurance policy. **scottishathletics** rules require affiliated bodies to obtain a permit for any open race they promote. Race organisers therefore have a choice of insurance through either SHR, **scottishathletics**, or privately-arranged insurance.

Race organisers should carefully examine the available insurance schemes (there are differences!) and choose the one they judge most suitable for their requirements.

Remember that gross disregard for accepted good safety practice may invalidate any insurance.

Please send the SHR Secretary, in confidence, a note of any problems, accidents, incidents or near misses that occurred during your race. These will only be made public with your permission. Your experience will help SHR to offer a better service to runners and organisers.

## Race Organisers Pack

SHR provides a race organisers pack, available by emailing [committee5@scottishhillrunners.uk](mailto:committee5@scottishhillrunners.uk), or online at [scottishhillrunners.uk](http://scottishhillrunners.uk). The pack covers logistics of organising a race, safety, environmental issues and useful kit for the organiser.

## Race Results

Could race organisers please send their race results to Neil Gilmore at [committee8@scottishhillrunners.uk](mailto:committee8@scottishhillrunners.uk) as soon as possible after the race in Excel format. Results will be published on the SHR website at [scottishhillrunners.uk](http://scottishhillrunners.uk). We would also appreciate a short race report to post on the website.

# RACE SUMMARY FOR 2026

Check [www.scottishhillrunners.uk](http://www.scottishhillrunners.uk) for any changes or further information.

Visit [www.shga.co.uk/events.php](http://www.shga.co.uk/events.php) for Highland Games races. TBC means still to be confirmed.

## January

01	Aonach Mor Uphill
03	Greenmantle Dash
03	El-Brim-Ick Dash
11	The Falkland Yomp
18	Feel the Burns

## February

08	Fetteresso Forest Marathon
28	Snow Running Glenshee

## March

01	Bishop Hill Race
07	Ochil Hill Relays
14	Craig Dunain
21	Chapelgill
22	Criffel
28	Norman's Law
28	Birnam
29	Deuchary

## April

04	Eagle Crag
04	Beinn Ratha
07	Krunce #1
11	The Cobbler
11	Ben Ledi Uphill
11	Clachnaben
11	Screele
11	Heart Of Granite
11	Bruce's Crown
11	European Off-Road Running Championships Trial
11	RunThrough 53K Trail Race
15	Kaim
18	Ben Chonzie ( <b>SHR Championship</b> ) ( <b>Long Classics</b> )
18	Hunters Bog Trot
19	Dumyat Junior Races
22	Newtyle Hill
22	Beinn Dubh (Luss) ( <b>Bog and Burn</b> )
26	Lomonds Junior Races
29	Whangie Whizz ( <b>Bog and Burn</b> )

## May

01	European Off-Road Running Championship Uphill Only Trial
02	Stuc a'Chroin ( <b>Long Classics</b> )
03	European Off-Road Running Championship Up & Down Trial
03	Inter-Counties – Howgills, Sedbergh
05	Krunce #2
06	Dumyat ( <b>Bog and Burn</b> )
09	Ben Lomond (TBC)
13	Ben Sheann ( <b>Bog and Burn</b> ) (TBC)
14	Pressendye
15	Scottish Islands Peaks Race
16	Goatfell
16	Glas Tulaichean (Uphill)
16	Broughton Junior Races
21	Kinnoull Hill
23	Isle of Jura Fell Race ( <b>Long Classics</b> )
27	Gypsy Glen ( <b>Bog and Burn</b> )
30	Durisdeer ( <b>SHR Championship</b> )

## June

02	Krunce #3
03	Red Moss Kips ( <b>Bog and Burn</b> )
05	European Off-Road Running Championships
06	Trotternish Ridge ( <b>Long Classics</b> )
06	Gargunnock
06	Helensburgh Games
06	Braemar Junior Highland Games
06	Two Mamores
07	Saughill
07	Yetholm

10	Turnhouse Hill Race ( <b>Bog and Burn</b> )
13	Cornalees Junior & Senior Hill Races
13	Glen Rosa Horseshoe ( <b>Long Classics</b> )
13	Slioch Horseshoe ( <b>Long Classics</b> )
13	Traprain Law Race
13	The Brack
14	Dunnydeer
14	Junior Inter-counties
17	Cort-ma Law ( <b>Bog and Burn</b> )
18	Balmedie Beach Race (TBC)
20	Eildon 3 Hills
20	The Law Breaker ( <b>SHR Championship</b> )
21	International Youth Cup
24	Allermuir Hill Race
26	White Tops (TBC)
26	World Masters Mountain Running – Janske Lazne, Czechia
27	Senior Home International – Snowdon Twilight Race
27	Drumtochty Games
27	Arrochar Alps ( <b>Long Classics</b> )
28	Lairig Ghru

## July

01	Kilpatrick's Hill Race ( <b>Bog and Burn</b> )
04	Clasmach
04	Dollar
04	Meall an t-Suidhe – Graham Brooks Memorial
05	Seven Hills of Edinburgh
05	Half Nevis
06	Cow Hill
07	Earlston Black Hill
07	Krunce #4
08	Maddy Moss ( <b>Bog and Burn</b> )
11	David Shepherd Memorial Glamaig Hill Race ( <b>SHR Championship</b> )
11	British Championship – Short – Pen y Fan (Wales)
11	Alva Games
15	Cairn Table ( <b>Bog and Burn</b> )
16	Mither Tap
18	Snowdon International
18	Taynuilt Games
18	Lochcarron Games
18	Lee Pen Hill Race
18	Tom na Bat, Tomintoul Games
25	Ben Rinnes ( <b>Long Classics</b> )
25	Falkland Hill Race
29	North Berwick Law

## August

01	Creag Dhubh
04	Krunce #5
05	Isle of Skye Games
05	Killin Games
08	Strathpeffer Games
08	Aberfeldy Games
08	Tarland Show Hill Race
12	Caerketton ( <b>Bog and Burn</b> )
13	Ballater Highland Games
15	Lomonds Of Fife Hill Race ( <b>Long Classics</b> )
15	Great Wilderness Challenge
15	Tap O'Noth
15	Oldhamstocks Flower Show Race (TBC)
16	The Cademuir Rollercoaster
22	Ochil 2000s ( <b>Long Classics</b> )
29	Simon Wake Comrie Hill Relay

## September

01	Krunce #6
02	Caerketton Downhill (The Doonhiller)
05	Braemar Highland Gathering
05	Ben Nevis
11	European Masters Mountain Running - Romania
12	Cairn William (TBC)



12 Junior Home International – Mourne Mountains, N Ireland  
 12 British Championship – Long – Old Crown Round (England)  
 13 Merrick Hill Race  
 19 Applecross Duathlon  
 19 Suidhe Hill Race  
 20 Creag Bheag  
 20 Bennachie (TBC)  
 26 Meall a' Bhuachaille  
 26 Two Breweries (**SHR Championship**) (**Long Classics**)

#### October

03 Morven  
 03 Yetholm Border Shepherds Show Hill Race  
 10 Bennachie Hill Ultra Marathon  
 10 Manor Water (TBC)  
 11 Carnethy Skyloop (**Long Classics**)

11 Craig O Barns  
 17 British Fell Relays – Todmorden  
 18 Lillesleaf 10K (TBC)  
 24 Run Of The Mill (**SHR Championship**)  
 25 Trofeo Vanoni – Morbegno, Italy  
 31 Tinto

#### November

07 Knockfarrel (TBC)  
 14 Gight Eight Trail Race

#### December

12 Cairnsmore  
 19 Kirk Craigs Christmas Cracker  
 26 Cruim Leacainn

## Scottish Hill Runners and British Championship Races

### Scottish Hill Runners Championship

Date	Event	Category
18 Apr	Ben Chonzie	L
30 May	Durisdeer	M
20 Jun	The Law Breaker	S
11 Jul	Glamaig	S
26 Sep	Two Breweries	L
24 Oct	Run Of The Mill	M

### SHR U23 Championship comprises

**Dumyat, Durisdeer, The Law Breaker, Glamaig and Run Of The Mill**

### British Championship Events

Date	Event	Category
11 Jul	Pen y Fan, Wales	Short
12 Sep	Old Crown Round, England	Long
17 Oct	UKA British Fell & Hill Relay Championship - Todmorden Harriers	

As for the last two years, there is an individual short and individual long British Championship Race. The team competition will be determined by the combined team score for the short and long races. Further details can be found:

<https://www.uka.org.uk/competition/running/mountain-running/ba-fell-running/>

### scottishathletics INTERNATIONAL PROGRAMME 2026

#### International Fixtures

Fixtures	Date	Venue	Selection Date
Inter Counties	3 May	Howgils Sedbergh	13 April
European Off Road Running Championships (GB Team)	05 June – 07 June	Slovenia	May
International Youth Cup	21 June	Gaglianico del Capo	18 May
World Masters Mountain Running	26-28 June	Janske Lazne, Czech	n/a
n International	27 June	Snowdon Twilight Race	18 May
Snowdon International	18 July	Llanberis, Wales	8 June
European Masters Mountain Running	11-13 Sept	Romania	n/a
Junior Home International	12 Sept	Mourne Mountains, N Ireland	17 Aug
Trofeo Vanoni	25 Oct	Morbegno, Italy	14 Sept

#### Selection Races

Event	Date	Selection For	Organiser	Email
RunThrough 53k Trail Race	11 April	Trail EORRC	RunThrough	<a href="https://www.runthrough.co.uk/event/runthrough-lake-district-ultra-trails-50k-20k-april-2025">https://www.runthrough.co.uk/event/runthrough-lake-district-ultra-trails-50k-20k-april-2025</a>
EORRC Uphill only Trial	1 May	EORRC Uphill	Keswick AC	<a href="mailto:angela.mudge@scottishathletics.org.uk">angela.mudge@scottishathletics.org.uk</a>
EORRC Classic Trial & SHI	3 May	EORRC Up & Down	Angela Mudge	<a href="mailto:angela.mudge@scottishathletics.org.uk">angela.mudge@scottishathletics.org.uk</a>
Broughton Heights	16 May	U18 Mountain Cup	Mark Johnston	<a href="mailto:mark_johnston@gmx.co.uk">mark_johnston@gmx.co.uk</a>
Cademuir Rollercoaster	16 Aug	Junior Home International	Moorfoots	TBC

### scottishathletics Championships

Fixture	Date	Race
National Senior Championship	11 April	Ben Ledi Uphill Only
West District Championship	30 May	Durisdeer
North District Championship	14 Mar	Craig Dunain
East District Championship	20 June	The Lawbreaker
National Junior Championship	16 May	Broughton Junior Races

NB: Full selection criteria will be published in the **scottishathletics** International Handbook available on the **scottishathletics** website or by contacting Angela Mudge ([angela.mudge@scottishathletics.org.uk](mailto:angela.mudge@scottishathletics.org.uk))

### scottishathletics Hill Running Commission

The Hill Running Commission (HRC) is responsible for representing hill running within **scottishathletics**. The HRC organises the **scottishathletics** hill running Championships and selects and finances teams for International Fixtures. The HRC liaises with British Athletics on matters concerning the home international and inter-counties fixtures, GB team selection races and the British Championship. It organises a Junior League and awards the Martin Hyman Memorial Medal. It also organises other athlete and coach development activities and encourages Scottish participation in GB team selection races.

Its current members are: Helen Bonsor (convenor); Stephen Winter (secretary), Andy Douglas (treasurer); Phil Mestecky (junior co-ordinator); Angela Mudge (endurance manager), Iain Whiteside, Dan Dry & Ross Gollan (district co-ordinators); Colin Hutchinson & Mark Pollard (**scottishathletics**); Jill Stephen (SHR representative) and Adrian Stott (trail)

### Allocation of Race Prizes

SHR understand that the allocation of race prizes is a matter for individual Race Organisers, however following representation made by individual members' to the committee the following is included as guidance for consideration when agreeing the allocation of prizes. Where a decision is made to allocate a prize for a specific category then this should include a prize for both male and female categories. No guidance is being issued here on what particular categories of prizes should be issued but only that there should be equality in the allocation between male and female categories.

# SHR RACE CALENDAR 2026

Remember to check for any changes, further information etc. by visiting [www.scottishhillrunners.uk](http://www.scottishhillrunners.uk)  
or (for Highland Games races) [www.shga.co.uk](http://www.shga.co.uk)

## Thu 01 Jan

### 11:00am Aonach Mor Uphill

Nevis Range Ski Centre, Torlundy, Fort William  
AS 4km / 610m over 18  
Lochaber Secretary  
[www.lochaberac.co.uk](http://www.lochaberac.co.uk)  
21:13 Robbie Simpson 2014      26:28 Nicola Meekin 2009

## Sat 03 Jan

### 12:00 noon Greenmantle Dash + Junior Fun Run

Broughton Village Hall, near Biggar, Peeblesshire  
AS 3.2km / 200m Over 16  
Jan Dawson & Juliane Friedrich  
[greenmantledash@gmail.com](mailto:greenmantledash@gmail.com)  
15:06 Scott Fraser 2009      18:45 Charlotte Morgan 2013

## Sat 03 Jan

### 11:00am El-Brim-Ick Dash + Junior race

South Kirkhill, Aberdeen NJ848109  
AS 4.8km / 230m Over 14  
11:05am Junior race, 1.9km / 100m, Over 10  
Lyndsay McEwan  
[lyndsaysmcewan@hotmail.co.uk](mailto:lyndsaysmcewan@hotmail.co.uk)  
19:30 Robbie Simpson 2012      23:21 Sonia Armitage 1995

## Sun 11 Jan

### 11:00am The Falkland Yomp

Falkland Estate, Fife  
11km / 468m  
Iain Simpson  
[iainsimpson1@googlemail.com](mailto:iainsimpson1@googlemail.com)  
44:49 Liam Hutson 2024      50:59 Catriona MacDonald 2025

## Sun 18 Jan

### 12:00 noon Feel The Burns

Selkirk Rugby Club  
BL 21.4km / 800m Over 18  
Sheila Cochrane,  
[cochrane68@sky.com](mailto:cochrane68@sky.com)  
1:22:40 Alexander Chepelin 2025      1:35:10 Emily McNicol 2026

## Sun 08 Feb

### 10.00am Feteresso Forest Marathon

Feteresso Forest, Aberdeenshire  
Christopher Cowley  
[christopher.cowley@me.com](mailto:christopher.cowley@me.com)  
02:43:36 Rob Sinclair 2024      03:17:55 Meryl Cooper 2023

## Sat 28 Feb

### 5:30pm Snow Running Glenshee

Glenshee  
12km  
Encarnam Maturana  
[encarna@dymylab.com](mailto:encarna@dymylab.com)  
01:05:48 Ralph McNally 2022      01:15:55 Erin McFadden 2022

## Sun 01 Mar

### 2:00pm Bishop Hill Race + Junior race

Portmoak Village Hall, Scotlandwell, Fife  
AS 4km / 300m Over 16  
Full body cover required.  
Half Bishop hill race for juniors (aged 10-15) starting at 2pm with free entry.  
Laurie Anderson  
[laurieanderson1@hotmail.co.uk](mailto:laurieanderson1@hotmail.co.uk)  
16:59 Jamie Crowe 2023      20:32 Clare Whitehead 2011

## Sat 07 Mar

### 11.00am Ochil Hill Relays

Cochrane Hall, West Stirling Street, Alva, Clackmannanshire, FK12 5BD  
Teams of four with one paired and two single legs  
Leg 1 – Starts at 11.00am  
Leg 2 – Starts at 11.15am  
Leg 3 – Starts at 11.30am (Paired Leg)  
Grant Baxter & Gary Fraser  
[ohrelays@gmail.com](mailto:ohrelays@gmail.com)

## Sat 14 Mar

### 2:00pm Craig Dunain

North District Championship  
Great Glen House (SNH) car park, Leachkin Road, Inverness IV3 8NW  
BM 10km / 390m Over 17  
Junior race stat at 2:10pm after the senior race  
Caroline Marwick  
[carolinemarwick@hotmail.co.uk](mailto:carolinemarwick@hotmail.co.uk)  
37:00 Alexander Chepelin 2025      44:41 Sarah Hodgson 2025

## Sat 21 Mar

### 3:00pm Chapelgill

Glenholm, south of Broughton, Peeblesshire NT077294  
AS 2.6km / 420m  
Don Reid  
[donreid21@gmail.com](mailto:donreid21@gmail.com)  
18:50 Phil Davies 2003      22:10 Angela Mudge 2003

## Sun 22 Mar

### 1.00pm Criffel

New Abbey, Dumfries  
AM 11km / 550m £10/£12  
Craig Malcolmson  
[malkiemagoo@hotmail.co.uk](mailto:malkiemagoo@hotmail.co.uk)  
47:34 Mark Crosdale 1993      45:47 Angela Mudge 2000

## Sat 28 Mar

### 2:00pm Norman's Law & Emily Hill (junior race)

Luthrie Village Hall, Fife  
BS 8km / 210m Over 16  
2pm Emily Hill Junior Race. 1.5km / 64m. Free entry. Under 8 must be accompanied.  
Louise Burt  
[lb9@st-andrews.ac.uk](mailto:lb9@st-andrews.ac.uk)      [www.fifeac.org](http://www.fifeac.org)  
28:40 Logan Rees 2025      35:47 Hanna McNally 2025

## Sat 28 Mar

### 12:00 noon Birnam

Birnam NO 032420  
AS 6.5km / 335m Over 18  
Junior race an hour before the senior race with 11am start.  
Register at Birnam Guest House  
Adrian Davis  
[wildoutdoorscotland@gmail.com](mailto:wildoutdoorscotland@gmail.com)  
27:56 Alexander Chepelin 2023      33:02 Clare Whitehead 2011

## Sun 29 Mar

### 11:00 am Deuchary

Birnam NO 010426  
AM 18km / 800m Over 18  
Register at Birnam Guest House from 9.30am. Race starts at 10.30 early start and 11.00. Inform RO if you wish to enter the early start ASAP by email. You will need to register at 09.30-10 for this and you will need to take your own times.  
Adrian Davis  
[wildoutdoorscotland@gmail.com](mailto:wildoutdoorscotland@gmail.com)  
1:13:44 Andrew Douglas 2019      1:36:02 Angela Mudge 2012

## Sat 04 Apr

### 12:00 noon Eagle Crag

Blarmachfoldach, Fort William  
AS 8.6km / 760m Over 17  
Stuart Crutchfield  
[stu.crutchfield@gmail.com](mailto:stu.crutchfield@gmail.com)  
0:58:28 Brian Marshall 2007      1:11:04 Diana Macdonald 2017

## Sat 04 Apr

### 2:00pm Beinn Ratha

Reay Golf Club, nr Thurso  
12km / 240m  
North Highland Harriers  
[northhighlandharriers@gmail.com](mailto:northhighlandharriers@gmail.com)  
47:45 James Espie 2015      58:47 Karen Lyons 2013

**Tue 07 Apr****6:30pm Krunce Series - Race 1**

Kirkhill Forest, near Aberdeen

BS 5.7km / 170m Over 14

6 Race Series

cosmics.org.uk

22:16 Ben Hukins 2014

26:03 Clare Whitehead 2014

**Sat 11 Apr****1:00pm The Cobbler**

Ardgartan, Arrochar G83 7AR

6km / 730m

Brian Cook

arrochar6@hotmail.com

47:49 Rory Abernethy 2024

00:59:18 Holly Page 2024

**Sat 11 Apr****3.00pm Ben Ledi Uphill**

Stank Glen

5.3km / 760m

National Senior Championship – U20 &amp; Senior Races

Entry will be via SiEntries

Angela Mudge

angela.mudge@scottishathletics.org.uk

**Sat 11 Apr****12:00 noon Clachnaben**

by Strachan, South Deeside, nr Banchory, Aberdeenshire

AM 14km / 750m Over 18

Parking is off road at NO644907. Registration: 10:00-11:30.

Graeme Cumming

graemec19@btinternet.com

1:02:43 Joe Symonds 2012

cosmics.org.uk

1:17:40 Stephanie Provan 2017

**Sat 11 Apr****1:00pm Scree Hill**

Palnackie, nr Castle Douglas NX 800547

AS 4km / 400m Over 16

Bob Green

green@kroyston.co.uk

25:43 Alexander Chepelin 2025

33:17 Ella Peters 2025

**Sat 11 Apr****10:00am Heart Of Granite**

Long Classics

Glentroot, Galloway DG8 6SU

32km / 1850m

Entry Fee : £25

Nicky Spinks,

nicky@brucescrown.co.uk

04:09:15 Gregor Stewart 2025

Stuart 2025

04:31:14 Emma

**Sat 11 Apr****8:00am Bruce's Crown**

Caldons Campsite, Glentroot, Galloway

8:00am &gt; 10:00am staggered starts

74km / 4200m

Teams of four to navigate their way round the Galloway Hills.

Entry Fee : £300 per team of 4

Nicky Spinks,

nicky@brucescrown.co.uk

**Thu 11 Apr****European Off-Road Running Championships Trial – Keswick****Thu 11 Apr****RunThrough 53K Trail Race–****Wed 15 Apr****7.00pm Kaim Hill Race**

Bog and Burn

Primary School, Fairlie, North Ayrshire

AS 5.7km / 380m Over 16

Alasdair McCallum

alasdairmccallum@outlook.com

25:52 Mark Rigby 1995

32:24 Helene Diamantides 1995

**Sat 18 Apr****1:00pm Ben Chonzie**

Long Classics

SHR Championship

Comrie Croft Car Park, Braincroft Farm, Crieff, PH74JZ

22.9km / 1435m

Entry Fee - £15

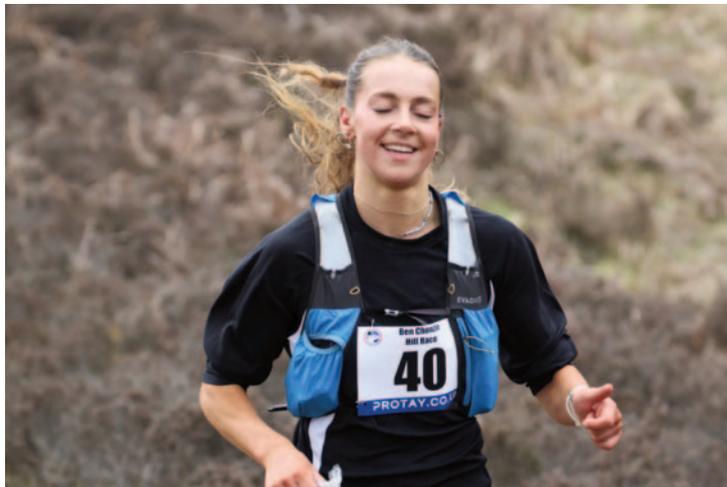
Junior Race – 12.30pm

Ralph McInally

Ralph.mcinally@icloud.com

01:37:56 Joe Wright 2025

01:58:39 Kirsty Oldham 2025

**Sat 18 Apr****1:00pm Hunters Bog Trot**

Holyrood Park, Edinburgh

BS 6.1km / 268m Over 14

disorganiser@huntersbogtrotters.com

25:31 Finn Lydon 2025

29:24 Sarah McCormack 2013

**Sun 19 Apr****11.00am Dumyat Junior Races**

Dumyat, near Stirling

Jethro Lennox

junior.hillrunning@shettlestonharriers.org.uk

**Wed 22 Apr****7:00pm Newtyle Hill**

Registration at the field, up Brae Street from 5.30pm.

BS 8km / 300m

Adrian Davis

wildoutdoorscotland@gmail.com

26:59 Jamie Crowe 2023

35:01 Catriona Morrison 2019

**Wed 22 Apr****7:00pm Beinn Dubh**

Bog and Burn

Luss, Loch Lomond

AS 6.5km / 620m

Damien Theaker

damien.theaker@tiscali.co.uk

33:19 Finlay Wild 2019

38:22 Naomi Lang 2025

**Sun 26 Apr****Lomonds Junior Hill Race – Junior Championships**

Purin Hill (near Falkland)

Races for U18, U16, U14 and U12

Roger Rees,

rdr1@st-andrews.ac.uk [www.fifeac.org](http://www.fifeac.org)**Wed 29 Apr****7:00pm Whangie Whizz**

Bog and Burn

Auchindean, nr Carbeth

BS 5.8km / 229m Over 16

Daniel Williams

mail@daniel-williams.co.uk

24:44 Alasdair Campbell 2023

30:06 Ellen Downs 2023

**Fri 01 May****European Off-Road Running Championships Trial – Keswick**

**Sat 02 May****1:00pm Stuc a'Chroin**

Long Classics

Strathyre, nr Callander

AL 22km / 1500m

Over 18

Steve Respinger

stuc5000@gmail.com stucachroin5000.org.uk

2:04:21 Ross Gollan 2025

2:22:11 Naomi Lang 2025

**Sun 03 May****European Off-Road Running Championships Up & Down Trial – Sedbergh****Sun 03 May****Inter Counties Fell Running Championships**

Howgills, Sedbergh

England

**Tue 05 May****7:00pm Krunce Series - Race 2**

Kirkhill Forest, near Aberdeen

BS 5.7km / 170m Over 14

6 Race Series

cosmics.org.uk

22:16 Ben Hukins 2014

26:03 Clare Whitehead 2014

**Wed 06 May****7:00pm Dumyat**

Bog and Burn

Sports Centre, Stirling University

AS 8km / 380m Over 16

Register from 5.45pm.

Stirling University

student.sport@stir.ac.uk

32:13 Matt Knowles 2024

36:46 Angela Mudge 2007

**Sat 09 May****1:00pm Ben Lomond**

Rowardennan, Loch Lomond

AM 12km / 970m

Jamie Provan

jamie@maroculous.com

1:02:16 John Wild 1983

To be confirmed

1:11:57 Beverley Redfern 1990

**Wed 13 May****7:30pm Ben Sheann**

Bog and Burn

Strathyre, Perthshire

AS 4km / 430m Over 18

Steve Respinger

stuc5000@gmail.com

25:19 James Espie 2018

To be confirmed

31:57 Catriona Buchanan 2010

**Thu 14 May****7:30pm Pressendye**

Tarland Trails, Pittenderich

AS 9.5km / 450m

David Hirst

david.hirst@nr.no www.deesiderunners.com

38:29 Robbie Simpson 2019

46:43 Anna MacFadyen 2017

**Fri 15 May to Sun 17 May****12:00 noon Scottish Islands Peaks Race**

Oban to Troon

BL 96km / 3660m Over 20

Youth event for 16-19 year olds.

Barbara Mills, 01592 890408

scottishislandsspeaksrace.com

9:17:03 Joe Symonds / Robbie Simpson

Angela Mudge / Hetene Diamantides 1998

**Sat 16 May****12:00 noon Goatfell**

Brodick, Isle of Arran

AM 15.6km / 880m Over 18

Limit of 200 runners

Peter Mackie

pmackie77@aol.com

1:12:11 Murray Strain 2017

1:26:21 Angela Mudge 2001

**Sat 16 May****1:00pm Glas Tulaichean (uphill)**

Dalmunzie Hotel, nr Spittal of Glenshee

AS 7km / 670m Over 17

Entry will be available on the day or online from February via Entry Central £6

Entry (£8 for non-SAL members)

Steve Matthews

s.p.matthews@dundee.ac.uk dundeehawks.co.uk

31:52 Joe Steward 2024

38:33 Scout Adkin 2024

**Sat 16 May****12:00 noon Broughton Junior Races**

Broughton

Mark Johnston

runnermdj@gmail.com

**Thu 21 May****7:30pm Kinnoull Hill Race**

Registration at Kinnoull Church Hall, Perth

BS 6.4km / 250m Over 14

Bruce Gibb

bruceagibb@gmail.com www.strathhtayharriers.co.uk

23:14 Peter Dymoke 1992

27:09 Tracey Brindley 1997

**Sat 23 May****10:30am Isle of Jura Fell Race**

Long Classics

Craighouse, Jura

AL 28km / 2370m Over 18

Pre-entry only. Limit 200. Entries form on website.

Jenn Ruddick

organiser@isleofjurafellrace.co.uk

www.jurafellrace.org.uk

2:58:09 Finlay Wild 2022

3:38:43 Jasmin Paris 2015

**Wed 27 May****7:00pm Gypsy Glen Hill Race**

Bog and Burn

Gytes Leisure Centre, Peebles

BS 8.2km / 306m Over 16

Jennifr Misak

jcmisak@gmail.com www.moorfootrunners.co.uk

29:15 Alexander Chepelin 2019

35:27 Sarah McCormack 2011

**Sat 30 May****12:00 noon Durisdeer**

SHR Championship

West District Championship

Durisdeer, nr Thornhill, Dumfriesshire

AM 16km / 1200m Over 18

Linsey Batchelor

linsey.batchelor@gmail.com

1:21:53 Rob Jebb 2008

1:34:43 Angela Mudge 2008

**Tue 02 Jun****7:00pm Krunce Series - Race 3**

Kirkhill Forest, near Aberdeen

BS 5.7km / 170m Over 14

6 Race Series

cosmics.org.uk

22:16 Ben Hukins 2014

26:03 Clare Whitehead 2014

**Wed 03 Jun****7:30pm Red Moss Kips**

Bog and Burn

Red Moss Car Park, near Balerno NT 166639

BS 10.5km / 350m Over 16

No parking so don't take a car. Cycle or walk from Balerno

Start time 19.30 with early start for slower runners at 19.10

Don Naylor

donald@pelagicinnovation.com

38:46 Matt Knowles 2024

47:39 Megan Crawford

2021

**Fri 05 Jun****European Off Road Running Championships – Slovenia**

**Sat 06 Jun****11:00am Trotternish Ridge**

Long Classics

Flodigarry

BL 28km / 2000m (limit of 75 runners) Over 18

North to South from Flodigarry, up onto the ridge over Meall na Suiremach and along to the Storr, descending down Bealach Beag and finishing at Storr car park.

Neil Turner,

[neilsturner@btinternet.com](mailto:neilsturner@btinternet.com)

2:37:12 Finlay Wild 2022

3:11:21 Miranda Grant 2017

**Sat 06 Jun****12:30pm Gargunnock Hill Race**

Gargunnock, Nr. Stirling

BS 7.5km / 300m Over 16

Rebecca Hay

[Rebecca.haykiloran@gmail.com](mailto:Rebecca.haykiloran@gmail.com)

27:35 Graham Gristwood 2016

33:24 Fanni Gyurko 2016

**Sat 06 Jun****12:00 noon Helensburgh Games**

Helensburgh Rugby Club, Rhu Road Higher, Helensburgh

BM 7.7km / 350m Over 16

Helensburgh &amp; Lomond Highland Games

[www.helensburghandlomondgames.co.uk](http://www.helensburghandlomondgames.co.uk)

33:02 Gregor Stewart 2017

41:29 Ruth Joss 2010

**Sat 06 Jun****Braemar Junior Highland Games****Sat 06 Jun****12:00 Two Mamores**

Lower Falls, Glen Nevis

13km / 1300m

Stuart Crutchfield

[stu.crutchfield@gmail.com](mailto:stu.crutchfield@gmail.com)

1:15:33 Finlay Wild 2022

1:43:49 Helen Leigh 2025

**Sun 07 Jun****2:00pm Saughhill + Junior race**

Victory Park, Girvan, Ayrshire

AS 4.5km / 270m Over 12

Carrick Lowland Gathering. Minimum age 8 for junior race.

Craig Murphy

[cgmurphy23@hotmail.co.uk](mailto:cgmurphy23@hotmail.co.uk)

20:38 Iain MacCorquodale 2017

26:31 Katie Rourke 2018

**Sun 07 Jun****1:00pm Yetholm**

Halterburn, nr Kirk Yetholm, Roxburghshire NT840277

AM 12.8km / 760m Over 18

Les Turnbull

[les1984@btinternet.com](mailto:les1984@btinternet.com) [norhamrc.co.uk](http://norhamrc.co.uk)

1:00:19 Morgan Donnelly 2013

1:11:33 Victoria Wilkinson 2013

**Wed 10 Jun****7:30pm Turnhouse Hill Race**

Bog and Burn

Flotterstone Car Park, (A702) NT 234631

5km / 350m

Rob Wilson

[rjsw@st-andrews.ac.uk](mailto:rjsw@st-andrews.ac.uk)

22:53 Jamie Crowe 2023

28:50 Sarah MacCormack 2011

**Sat 13 Jun****Cornalees Junior Hill Race**

Greenock Glenpark Harriers Clubhouse,

Orangefield,

Greenock

PA15 1 YX

**Sat 13 Jun****12:00 noon Glen Rosa Horseshoe**

Long Classics

Brodick Castle Ranger Centre

20km / 1670m

Kirstie Smith

[glenrosahorseshoerace@gmail.com](mailto:glenrosahorseshoerace@gmail.com)

2:16:10 Finlay Wild 2025

2:42:17 Trish Calder 1990

**Sat 13 Jun****12:00 noon Slioch Horseshoe**

Long Classics

Kinlochewe

20km / 1000m

Luke Taylor

[lukeduncraig@gmail.com](mailto:lukeduncraig@gmail.com)

1:54:17 Finlay Wild 2012

2:28:11 Trish Calder 1990

**Sat 13 Jun****3:00pm Traprain Law Race**

Memorial Park, School Road, East Linton

CS 10.4km / 310m Over 18

Carnethy HRC (Race Directors – Sasha Chepelin &amp; Jura MacMillan)

39:44 Eddie Narbett 2025

50:21 Jill Mykura 2022

**Sat 13 Jun****10:00am The Brack**

Ardgartan, near Arrochar

Entry on the day only. Car sharing encouraged. Free race entry if you cycle to the event.

Will Beresford

[will.beresford@gmail.com](mailto:will.beresford@gmail.com)

55:16 Gwynn Bellamy 2016

01:03:45 Angela Mudge 2019

**Sun 14 Jun****1:00pm Dunnydeer**

Insch, Aberdeenshire

7km / 275m

Graham Aitken

[inschtrailrunningclub@gmail.com](mailto:inschtrailrunningclub@gmail.com)

27:11 Rob Sinclair 2016

33:38 Emma Murray 2022

**Sun 14 Jun****Junior Inter Counties - Edale****Wed 17 Jun****7:30pm Cort-ma Law**

Bog and Burn

Crow Road car park, Lennoxton NS613801

AS 10km / 520m Over 16

David Rogers

[cortmalawrace@gmail.com](mailto:cortmalawrace@gmail.com)

46:22 Ryan Chebbout 2025

[westerlandssccc.co.uk](http://westerlandssccc.co.uk)

53:17 Angela Mudge 2007

**Thu 18 Jun****7:00pm Balmedie Beach Race**

Balmedie Country Park NJ 976181

6km

[www.cosmics.org.uk](http://www.cosmics.org.uk)

23:51 Jonathan Gamble 2024

**To be confirmed**

30:08 Kelly Vine-Jones 2024

**Sat 20 Jun****2:30pm Eildon 3 Hills**

Nearest postcode to start Melrose TD6 9HA 7.2km / 510m Over 14

Junior Eildon Hill Race, 3 or 4 km, Start near Melrose

The race will include the following age categories U13 U15 U17 and U20. Age on the day of the race. Minimum age is 11 years old. There will be a 3k route for the U13 and a longer 4 K route for U15 plus.

Tim Darlow,

[Tim.darlow@outlook.com](mailto:Tim.darlow@outlook.com) [galaharriers.co.uk](http://galaharriers.co.uk)

33:58 Moray Pryde 2025

40:22 Louise Mercer 2015

**Sat 20 Jun****11:00am The Law Breaker**

SHR Championship

Upper Mill Street, Tillicultry

AS 5.4km / 630m Entry on the day Over 16

Andrew Wright,

[trailracing@outlook.com](mailto:trailracing@outlook.com)

32:51 Robbie Simpson 2008

40:13 Fiona Maxwell 2008

**Sun 21 Jun****International Youth Cup – Gagliano del Capo, Italy****Wed 24 Jun****7:15pm Allermuir Hill Race**

Lothianburn, Edinburgh

7km / 400m

Carnethy HRC (Race Director Jonny Muir)

[jonny\\_muir@hotmail.com](mailto:jonny_muir@hotmail.com)

29:45 Alexander Chepelin 2025

37:08 Grace Pow 2025

**Fri 26 Jun**  
**7:30pm White Tops** To be confirmed  
 Kirkton of Auchterhouse, Angus  
 BS 10.4km / 364m Over 17  
 Billy Gibson  
[calumruaridh@googlemail.com](mailto:calumruaridh@googlemail.com) [dundeehawks.co.uk](http://dundeehawks.co.uk)  
 40:27 Kris Jones 2017 51:11 Heather Anderson 2019

**Fri 26 Jun**  
**World Masters Championship - Czechia**

**Sat 27 Jun**  
**Senior Home International – Snowdon Twilight Race**

**Sat 27 Jun**  
**3:00pm Drumtochty Games**  
 Drumtochty Castle, Auchenblae  
 BS 8km / 300m  
 Drumtochty Highland Games  
[www.drumtochtyhighlandgames.com](http://www.drumtochtyhighlandgames.com)

**Sat 27 Jun**  
**11:00am Arrochar Alps**  
 Long Classics  
 Succoth, Arrochar NN 300053  
 AL 25km / 2400m Over 18  
 Registration at Village Hall in Arrochar, from 9.00am  
 Alwyn Poulter  
[alwyn@alwynpoulter.co.uk](mailto:alwyn@alwynpoulter.co.uk)  
 2:58:35 Finlay Wild 2024 3:42:02 Jasmin Paris 2012

**Sun 28 Jun**  
**10:00am Lairig Ghru**  
 Braemar to Aviemore  
 CL 43km / 640m online entry only Over 18  
 Race entry and information at [www.deesiderunners.com](http://www.deesiderunners.com)  
 Katie Henderson  
[lairigghrurace@gmail.com](mailto:lairigghrurace@gmail.com) [deesiderunners.com](http://deesiderunners.com)  
 2:58:10 Murray Strain 2017 3:32:38 Lucy Colquhoun 2006

**Wed 01 Jul**  
**7:30pm Kilpatrick's Kaper**  
 Bog and Burn  
 Old Kilpatrick, Sports Ground  
 BS 6.8km / 350m Over 16  
 Ella Peters  
[Ellap19@hotmail.co.uk](mailto:Ellap19@hotmail.co.uk) [westerlandssccc.co.uk](http://westerlandssccc.co.uk)  
 28.28 Ryad Chebbout 2025 34:30 Ellen Downs 2022

**Sat 04 Jul**  
**10:00am Clasmach Hill Race**  
 Huntly Auction Mart AB54 4QU  
 AS 6km / 375m  
 Philip Dawson  
[phildawson63@btinternet.com](mailto:phildawson63@btinternet.com)  
 23:40 Caiden Thom 2022 27:54 Ellen Paton 2023

**Sat 04 Jul**  
**2:00pm Dollar**  
 Dollar Academy NS959982  
 AM 15km / 960m Over 18  
 Alex King  
[dollar@ochilhillrunners.org.uk](mailto:dollar@ochilhillrunners.org.uk) [www.ochilhillrunners.org.uk](http://www.ochilhillrunners.org.uk)  
 1:11:27 Simon Bailey 2014 1:24:01 Pippa Maddams 2010

**Sat 04 Jul**  
**2:00pm Meall an t-Suidhe - Graham Brooks Memorial**  
 New Town Park, Fort William  
 AS 5.6km / 460m Over 18  
 Memorial race in memory of Lochaber club runner Graham Brooks  
[www.lochaberac.co.uk](http://www.lochaberac.co.uk)  
 27:48 Gavin Bland 1999 33:44 Angela Mudge 1999 & Nichola Jackson 2023

**Sun 05 Jul**  
**10:15am Seven Hills of Edinburgh**  
 Calton Hill, Edinburgh  
 CL 22.4km / 670m Over 18  
 Pre-enter via form at [www.seven-hills.org.uk](http://www.seven-hills.org.uk). Challenge event starts 9:45am.  
 John Whittaker  
[Whittaker667@btinternet.com](mailto:Whittaker667@btinternet.com) [www.seven-hills.org.uk](http://www.seven-hills.org.uk)  
 1:32:40 Mike Lindsay 1987 1:48:15 Angela Mudge 2002

**Sun 05 Jul**  
**12:00 noon Half Nevis**  
 New Town Park, Fort William  
 AS 10km / 670m Over 18  
[www.lochaberac.co.uk](http://www.lochaberac.co.uk)  
 47:39 Colin Donnelly 1983 1:01:51 Karen Skog 1988

**Mon 06 Jul**  
**7:00pm Cow Hill**  
 Parade, Fort William  
 AS 3.2km / 275m Over 16  
[www.lochaberac.co.uk](http://www.lochaberac.co.uk)  
 16:56 John Brooks 2000 21:38 Ros Coates 1980

**Tue 07 Jul**  
**7:00pm Earlston Black Hill + Junior race**  
 Earlston NT585369  
 BS 8.2km / 230m Over 16  
 7:00pm White Hill junior race (3.2km / 100m)  
 Jonathan Sharp  
[123sharpfamily@gmail.com](mailto:123sharpfamily@gmail.com)  
 29:39 Brian Marshall 2003 31:56 Angela Mudge 1998

**Tue 07 Jul**  
**7:00pm Krunce Series - Race 4**  
 Kirkhill Forest, near Aberdeen  
 BS 5.7km / 170m Over 14  
 6 Race Series  
[cosmics.org.uk](http://cosmics.org.uk)  
 22:16 Ben Hukins 2014 26:03 Clare Whitehead 2014

**Wed 08 Jul**  
**7:00pm Maddy Moss**  
 Bog and Burn  
 Woolpack Inn, Upper Mill St. Tillicoultry, FK136AU  
 AM 10km / 760m Over 18  
 Tom Vas  
[tommyvaspo@hotmail.com](mailto:tommyvaspo@hotmail.com) [www.ochilhillrunners.org.uk](http://www.ochilhillrunners.org.uk)  
 47:45 Kristian Jones 2017 01:01:32 Fanni Gyurks 2016

**Sat 11 Jul**  
**3:00pm David Shepherd Memorial Glamaig Hill Race**  
 SHR Championship  
 Sligachan Hotel, Skye  
 AS 7km / 760m Over 18  
 Skye & Lochalsh Running Club  
 Dave Till  
[glamaig@highfellside.co.uk](mailto:glamaig@highfellside.co.uk)  
 44:22 Finlay Wild 2018 56:09 Jill Stephen 2018

**Sat 11 Jul**  
**British Championship – Short – Pen y Fan, Wales**



**Sat 11 Jul****12:00 noon Alva Games**

The Johnston Park, Alva  
AS 1.6km / 400m Over 17  
Junior races earlier in day for U12, U14 & U17  
www.alvagames.co.uk  
18:39 Kenny Stuart 1981 25:12 Christina Rankin 2012

**Wed 15 Jul****7:00pm Cairn Table**

Bog and Burn  
Cairn Table Car Park, Muirkirk, Ayrshire  
BS 8km / 360m Over 16  
James Paddy MacDonald  
James.MacDonald@eastayrshireleisure.com  
30:41 James Espie 2016 37:54 Jill Stephen 2017

**Thu 16 Jul****7:00pm Mither Tap**

Bennachie Visitor Centre NJ 699216  
AS 6.4km / 365m Over 18  
Ian Hamilton  
corrennie@myphone.coop cosmics.org.uk  
29:11 Robbie Simpson 2018 36:06 Clare Whitehead 2016

**Sat 18 Jun****International Snowdon Race**

Llanberis, Wales  
16km / 990m

**Sat 18 Jul****2.30pm Taynuilt Games**

10km / 310m  
Registration from 1pm  
Andrew Cameron-Gray  
23rdgray@gmail.com  
50:27 Callum Fraser 2015 1:10:22 Ruth Joss 2013

**Sat 18 Jul****3:00pm Lochcarron Games**

Attadale Estate, Lochcarron  
AS 4km / 240m Over 12  
Also junior race for U16  
www.lochcarrongames.org.uk  
19:10 Andrew "Chunky" Liston 2009

**Sat 18 Jul****2.00pm Lee Pen Hill Race**

Junior Race – Junior Caerlee Hill Race  
St. Ronan's Border Games, held in Victoria Park, Hall Street, Innerleithen  
EH44 6QT  
4.8km / 350m  
www.stronansgames.org/  
Colin Williams  
colin.m.williams@talk21.com  
22:38 Jacob Adkin 2023 28:26 Charlotte Morgan 2017

**Sat 18 Jul****3:00pm Tom na Bat, Tomintoul Games**

Tomintoul Highland Games  
AS 5.6km / 340m Over 14  
Tomintoul Highland Games  
28:14 Dan Whitehead 2010 31:09 Clare Whitehead 2010

**Sat 25 Jul****12:00 noon Ben Rinnes**

Long Classics  
Dufftown Highland Games  
AL 22.4km / 1500m Over 18  
Graeme Bartlett  
bartlettg195@gmail.com  
1:48:55 Robbie Simpson 2025 2:12:33 Georgia Tindley 2021

**Sat 25 Jul****1:00pm Falkland Hill Race**

Falkland, Fife  
AS 9.5km / 360m  
Kevin Murray  
kevin\_murray100@hotmail.com Falkland Trail Runners  
27:27 Stuart Paterson 2020 32:43 Heather Anderson 2019

**Wed 29 Jul****7:30pm North Berwick Law**

North Berwick Harbour  
BS 5.3km / 185m  
19:24 Andrew Douglas 2024 24:40 Isla Cubitt 2024

**Sat 01 Aug****3:15pm Creag Dhubh**

Newtonmore Highland Games NN 708983  
AS 7km / 370m Over 16  
26:49 Finlay Wild 2019 32:21 Angela Mudge 2006

**Tue 04 Aug****7:00pm Krunce Series - Race 5**

Tyrebagger Woods, near Aberdeen NJ851045  
Kirkhill Forest, near Aberdeen  
BS 5.7km / 170m Over 14  
6 Race Series  
cosmics.org.uk  
22:16 Ben Hukins 2014 26:03 Clare Whitehead 2014

**Wed 06 Aug****3:20pm Isle of Skye Games**

The Games Field, Portree  
Over 16  
www.skye-highland-games.co.uk

**Wed 05 Aug****2:30pm Killin Games**

Breadalbane Park, Killin  
AS 2.5km / 400m Over 14  
Registration from 12.30pm  
Dan Watson  
danwatson@myphone.coop  
www.killingames.co.uk  
21:02 Graeme Bartlett 1998 27:24 Diana MacDonald 2017

**Sat 08 Aug****1.30pm Strathpeffer Games**

Castle Leod, Strathpeffer  
BS 6.5km / 260m Over 16  
Junior races 12/13 and 14/15 3.3km 130m  
25:43 Finlay Wild 2017 30:44 Jill Stephen 2017

**Sat 08 Aug****3:00pm Aberfeldy Games (Weem Hill)**

Atholl & Breadalbane Highland Gathering, Aberfeldy  
BS 7.2km / 240m Over 16  
www.aberfeldyshowandgames.co.uk  
25:33 James Espie 2019 29:55 Kate White 2019

**Sat 08 Aug****3:00pm Tarland Show Hill Race**

Tarland, nr Aboyne  
9.3 km / 390m  
Ruth Mackenzie  
ruth.fitnessconsultant@gmail.com

**Wed 12 Aug****7:30pm Caerketton + Junior race**

Bog and Burn  
Hillend, Edinburgh  
AS 3.5km / 300m Over 16  
7pm Junior race 1.6km/100m to top of ski slope and back. Under 16/Over 8.  
Bog and Burn series prize-giving afterwards.  
Carnethy HRC (Race Director – Stewart Whittlie)  
17:10 Moray Pryde 2025 20:23 Charlotte Morgan 2017

**Thu 13 Aug****3:00pm Ballater Games**

Monaltrie Park, Ballater  
AS 3.5km / 200m Over 16  
Stuart Pringle  
ping2011@hotmail.com  
16:48 Jamie Crowe 2023 20:38 Clare Whitehead 2015

**Sat 15 Aug****11:00am Lomonds of Fife**

Long Classics  
Strathmiglo Village Hall  
27km / 1438m Over 18  
Iain Simpson  
iainsimpson1@googlemail.com lomondhillrunners.co.uk  
1:16:05 Alexander Chepelin 2022 1:45:46 Heather Anderson 2022  
(Current records relate to the medium length version of the race)

**Sat 15 Aug****10:30am Great Wilderness Challenge**

Poolewe NG960210  
BL 38km  
25 mile race, plus 13 mile race and 10K Fun Run  
www.greatwildernesschallenge.info  
2:43:39 Matt Sullivan 2013 3:13:21 Claire Gordon 2006

**Sat 15 Aug****1.30pm Tap O' Noth**

Rhynie, Aberdeenshire  
AS 7.6km / 370m Over 16  
Graham Aitken  
inschtrailrunningclub@gmail.com  
31:07 Jamie Crowe 2024 39:46 Emily Shaw 2024

**Sat 15 Aug****11:00am Oldhamstocks Flower Show Race To be confirmed**

Oldhamstocks, East Lothian  
6.5km / 200m  
Rhona Anderson  
dunbar.running@gmail.com  
26:43 Angus Wright 2022 28:47 Emily Atkinson 2025

**Sun 16 Aug****10:00am The Cademuir Rollercoaster**

Peebles High School, Peebles  
AS 6km / 274m  
The 6k race is an open race, and there is also a 3k junior race at 2pm.  
Gregor Nicholson,  
gjn7nil@gmail.com www.moorfootrunners.co.uk  
24:19 Thomas Hilton 2025 26:14 Scout Adkin 2021

**Sat 22 Aug****12:00 noon Ochil 2000s**

Long Classics  
Gannochy Sports Centre, Stirling University NS 805965  
AL 32.7km / 1650m Over 18  
Registration from 9:30am. Bus leaves at 10:45am to take runners to start.  
Entry forms at: Alex King,  
ochil2000@ochilhillrunners.org.uk www.ochilhillrunners.org.uk  
2:47:01 Robbie Simpson 2025 3:20:07 Catriona Graves 2025

**Sat 29 Aug****10:00am Simon Wake Comrie Hills Relay**

Comrie  
43km / 2110m  
4-stage relay. 4 runners per team. No entries on the day.  
relay@strathearnharriers.org.uk www.strathearnharriers.org.uk  
3:05:30 Howgill Harriers 2024 3:46:50 Westerlands CCC 2025

**Tue 01 Sep****6:30pm Krunce Series - Race 6**

Kirkhill Forest, near Aberdeen  
BS 5.7km / 170m Over 14  
6 Race Series  
cosmics.org.uk  
22:16 Ben Hukins 2014 26:03 Clare Whitehead 2014

**Wed 02 Sep****7.00pm Caerketton Downhill (The Doonhiller) + Junior race**

AS 1.8km / 300m descent. Over 12  
Carnethy HRC (Race Director – Lizzie Knox)  
4:45 Jonathan Crickmore 2018 5:45 Charlotte Morgan 2012

**Sat 05 Sep****1:20pm Braemar Gathering**

Morrone Hill  
Braemar  
AS 6km / 310m Over 16  
24:28 M Hawkins 1984 29:37 Clare Whitehead 2015

**Sat 05 Sep****1:00pm Ben Nevis**

New Town Park, Fort William  
AM 14km / 1340m Over 18  
secretary@bennevisrace.co.uk  
www.bennevisrace.co.uk  
1:25:34 Kenny Stuart 1984 1:43:01 Victoria Wilkinson 2018

**Fri 11 Sep****European Masters Championship - Romania****Sat 12 Sep****3:00pm Cairn William**

To be confirmed  
Monymusk, Inverurie  
Aberdeenshire Series Race 2  
BM 11km / 430m Over 18  
Chris Hill  
geophys\_chris@yahoo.co.uk  
46:18 Dan Whitehead 2007 50:07 Claire Whitehead 2012

**Sat 12 Sep****Junior Home International**

Mourne Mountains, N Ireland

**Sat 12 Sep****British Championship – Long – Old Crown Round, England****Sun 13 Sep****12:00 noon Merrick**

Bruce's Stone, Glentool, nr Newton Stewart  
AM 13.6km / 1000m Over 18  
Girvan Harriers  
Craig Murphy  
cgmurphy23@hotmail.co.uk  
1:06:20 Gregor Stewart 2015 1:18:46 Kerstin Leslie 2015

**Sat 19 Sep****1:00pm Applecross Duathlon**

Applecross  
Race Start 1:00pm Challenge Start 12:00 noon  
38.4km / 1009m  
Agnes Rymowicz  
rymowica@gmail.com  
1:36:51 Ewan Brown 2023 1:52:52 Stephanie Provan 2014

**Sat 19 Sep****3:00pm Suidhe Hill Race**

Kincraig village green, nr Aviemore  
5.5km / 290m  
Flagged route, with compulsory water slide finish!  
(5k woodland fun run beforehand)  
Manny Gorman,  
manny68g@hotmail.co.uk  
26:11 Huw Oliver 2025 31:57 Anna Meek 2025



**Sun 20 Sep****12:00noon Creag Bheag**

Ardvonie Park, Kingussie  
AS 5km / 250m Over 16  
Manny Gorman,  
manny68g@hotmail.co.uk  
23:46 Angus Wright 2023

28:06 Isla Patterson 2023

**Sun 20 Sep****11:00am Bennachie + Junior race**

Back O' Bennachie, Oyne, nr Inverurie  
BM 12.8km / 550m Over 18  
Junior hill race, 5km with 150 m climb for 12 to 17 years starting just after senior race.

secretary@gariochroadrunners.com gariochroadrunners.com

52:00 Rob Sinclair 2022 1:01:25 Clare Whitehead 2002

**To be confirmed****Sat 26 Sep****14:00pm Meall a' Bhuachaille**

Badaguish Outdoor Centre, near Aviemore  
AM 13km / 720m Over 18

Dave Cummins

dave.cummins3@btinternet.com

0:59:53 Finlay Wild 2021

www.highlandhillrunners.org.uk

1:13:54 Nichola Jackson 2021

**Sat 26 Sep****12:00 noon Two Breweries**

SHR Championship, Long Classics

Traquair to Broughton

AL 29km / 1500m Over 18

Enter on-line - Protay.

Sharon Taylor

sharon@protay.co.uk

2:33:57 John Taylor 1991

2:53:56 Angela Mudge 2000

**Sat 03 Oct****1:00pm Morven**

by Dinnet, Aboyne NJ410044

Aberdeenshire Series Race 3

AS 8km / 640m Over 16

Junior races: 1:00pm Half Morven, U18/U16, 4km / 380m

27:28 Robbie Simpson 2007 34:06 Jennifer Kibble 2003

1:10pm Mini Morven, U14/U12, 1.8km / 108m

8:55 Hamish Battle 2008 13:33 Hannah Hughes 2007

Sarah Dunn

desdunn@gmail.com deesiderunners.com

43:22 Tom Owens 2015

49:47 Angela Mudge 2006

**Sat 03 Oct****12.45pm Yetholm Border Shepherds Show Hill Race**

The Haugh, Yetholm

AS 6.5km / 360m Over 16

Junior race 2.9km / 150m

Les Turnbull

les1984@btinternet.com norhamrc.co.uk

28:54 Finlay Wild 2022

37:17 Emily Cowper Coles 2022

**Sat 10 Oct****8.00am Bennachie Hill Ultra Marathon**

Bennachie Visitors Centre

04:22:31 Kyle Greig 2019

Killingbeck 2019

04:53:56 Siobhan

**Sat 10 Oct****1:00pm Manor Water + Junior race**

Near Haswellsykes, Manon, Peebles (Grid Ref NT 212 395) signs form A72, one mile west of Peebles

BM 19km / 680m Over 18

Junior races 10k (Over 16) and 4k (Over 12).

Hot refreshments at nearby Sheepdog Trials.

Carnethy HRC (Race Director – Neil Burnett & Sean Walker)

1:04:39 Andrew Douglas 2023

1:22:16 Sarah Hodgson 2022

**Sun 11 Oct****11:00am Carnethy Skyloop**

Long Classics

Lothianburn Clubhouse, Midlothian NT 244874 672276

AL 30km / 1700m Over 18

Registration opens at 9am

Carnethy HRC (Race Director – Jonny Muir)

2:27:55 Sasha Chepelin 2024

2:50:39 Kirsty Dickson 2024

**Sun 11 Oct****12:00 noon Craig O Barns**

Registration at Polney Loch.

5km / 340m

Children races – 2km / 100m

Adrian Davis

wildoutdoorscotland@gmail.com

27:05 Kieran Cooper 2022

33:33 Catriona Morrison 2019

**Sat 17 Oct****10:30am British Fell Relays**

Venue – Todmorden

fellrunner.org.uk

**Sun 18 Oct****11:00am Lillesleaf 10K**

To be confirmed

Leaf Green and Village Hall, Main Street, Lillesleaf TD6

10.2km / 210m

Jane Macdonell

jane.macdonell@hotmail.com

38:29 Bruce Hughes 2017

43:17 Kirsten Maxwell 2017

**Sat 24 Oct****12:00 noon Run Of The Mill**

SHR Championship

Alva Scout Hall

AL 14.6km / 966m

1:06:58 Graham Gristwood 2015

1:18:41 Angela Mudge 2013

**Sun 25 Oct****Trofeo Vanoni**

Morbegno, Italy

**Sat 31 Oct****12:00 noon Tinto**

Damn Delicious, Thankerton Camp Farm,

Thankerton, Biggar, ML12 6PD – just off the main road between Lanark and Biggar

AS 7km / 460m Over 16

Online entry. Check [www.carnethy.com](http://www.carnethy.com) for further details

Carnethy HRC (Race Director – Alex Coakley)

28:53 Andrew Douglas 2023

33:43 Angela Mudge 2003

**Sat 07 Nov****11:00am Knockfarrel**

**To be confirmed**

Strathpeffer Shinty Pavilion

BS 8km / 360m Over 16

Katie Boocock

katyboocock@gmail.com [www.highlandhillrunners.org.uk](http://www.highlandhillrunners.org.uk)

31:53 Eoghann Gollan 2022

38:36 Zoe Harding 2022

**Sat 14 Nov****10:00 Gight Eight Trail Race**

Beaton Hall, Main Road, Methlick AB41 7DT

13.3km / 254m

George Chalmers

Chalmersg66@gmail.com

50:48 Matthew Heppenstall 2025

01:05:51 Paula Hohensee 2025

**Sat 12 Dec****11:00am Cairnsmore Hill Race**

Muirfad Farm, Palnure, Newton Stewart DG8 7BA

17.5km / 800m

Nicky Spinks

nicky@brucescrown.co.uk

1:21:40 Tom Spencer 2025

01:43:07 Elena Heger 2024

**Sat 19 Dec****11:00am Kirk Craigs**

Centenary Hall, Hamilton Street, Tilllicoultry

6.8km / 536m

Grant Baxter

grant.katy@btinternet.com

35:17 Rory Abernethy 2025

43:39 Angela Mudge 2018

**Sat 26 Dec****11:00am Cruim Leacainn**

Tomacharich, Torlundy, Fort William NN142 783

BM 10km / 250m

[www.lochaberac.co.uk](http://www.lochaberac.co.uk)

41:36 David Rodgers 2006

47:48 Dawn Scott 2008

# SCOTTISH HILL RUNNERS CHAMPIONS

## Senior Men

1983	Robin Morris	Edinburgh AC
1984	Andy Curtis	Livingston
1985	Andy Curtis	Livingston
1986	Dermot McGonigle	Dundee HH
1987	Andy Curtis	Livingston
1988	Alan Farningham	Gala
1989	Denis Bell	HELP
1990	David Rodgers	Lochaber
1991	Alan Farningham	Gala
1992	Andy Kitchin	Livingston
1993	David Rodgers	Lochaber
1994	John Wilkinson	Gala
1995	Mark Rigby	Ambleside
1996	Dermot McGonigle	Shettleston
1997	John Brooks	Lochaber
1998	Mark Rigby	Westerlands
1999	Hayden Lorimer	HBT
2000	John Brooks	Lochaber
2001	Stewart Whittlie	Carnethy
2002	Mark Rigby	Cosmics
2003	Phil Davies	Borrowdale
2004	Jethro Lennox	Shettleston
2005	Brian Marshall	HELP
2006	Jethro Lennox	Shettleston
2007	Brian Marshall	HELP
2008	Jethro Lennox	Shettleston
2009	Tom Owens	Shettleston
2010	Prasad Prasad	Clydesdale
2011	Jethro Lennox	Shettleston
2012	Alasdair Anthony	Ochil HR
2013	Finlay Wild	Lochaber
2014	Alasdair Anthony	Ochil HR
2015	Tom Owens	Shettleston
2016	Joe Symonds	Shettleston
2017	Finlay Wild	Lochaber
2018	James Espie	Deeside
2019	James Espie	Deeside
2020	No Championship held	
2021	Joe Symonds	Shettleston
2022	Finlay Wild	Lochaber
2023	Dan Dry	Shettleston
2024	Rory Abernethy	Ochil HR
2025	Sasha Chepelin	Carnethy

## Senior Women

1984	Ann Curtis	Livingston
1985	Ann Curtis	Livingston
1986	Ann Curtis	Livingston
1987	Christine Whalley	Livingston
1988	Penny Rother	Edinburgh AC
1989	Tricia Calder	Edinburgh AC
1990	Tricia Calder	Edinburgh AC
1991	Tricia Calder	Edinburgh AC
1992	Lesley Hope	Lochaber
1993	Helene Diamantides	Westerlands
1994	Angela Brand-Barker	Eryri
1995	Christine Menhennet	Westerlands
1996	Sonia Armitage	Cosmics
1997	Angela Mudge	Carnethy
1998	Angela Mudge	Carnethy
1999	Kate Jenkins	Carnethy
2000	Karen Powell	Carnethy
2001	Kate Jenkins	Carnethy
2002	Fiona Dahl	Inverness H
2003	Jill Tait	Carnethy
2004	Jill Mykura (née Tait)	Carnethy
2005	Kate Jenkins	Carnethy
2006	Angela Mudge	Carnethy

2007	Elke Schmidt	Bellahouston
2008	Jill Mykura	Carnethy
2009	Clare Whitehead	Cosmics
2010	Sarah Byrne	Lochaber
2011	Catriona Buchanan	Ochil HR
2012	Catriona Buchanan	Ochil HR
2013	Angela Mudge	Carnethy
2014	Jasmin Paris	Carnethy
2015	Jasmin Paris	Carnethy
2016	Stephanie Provan	Deeside
2017	Stephanie Provan	Deeside
2018	Jill Stephen	HBT
2019	Jill Stephen	HBT
2020	No Championship held	
2021	Jill Stephen	HBT
2022	Caroline Marwick	Highland HR
2023	Holly Page	Carnethy
2024	Ella Peters	Westerlands
2025	Ellen Downs	Westerlands

## Men Over 40

1984	Mel Edwards	Aberdeen
1985	Mel Edwards	Aberdeen
1986	Bobby Shields	Clydesdale
1987	Peter Fettes	Lochaber
1988	Pete Marshall	HELP
1989	Pete Marshall	HELP
1990	Pete Marshall	HELP
1991	Pete Marshall	HELP
1992	Bill Knox	Teviotdale
1993	Denis Bell	HELP
1994	Dave Armitage	Cosmics
1995	Dave Armitage	Cosmics
1996	Jim Robertson	Cambuslang
1997	Martin Laing	Fife AC
1998	Malcolm Patterson	Shettleston
1999	Martin Laing	Fife AC
2000	Ronnie Gallagher	Westerlands
2001	Ronnie Gallagher	Westerlands
2002	Ronnie Gallagher	Westerlands
2003	Ronnie Gallagher	Westerlands
2004	Stewart Whittlie	Carnethy
2005	Stewart Whittlie	Carnethy
2006	Stewart Whittlie	Carnethy
2007	Stewart Whittlie	Carnethy
2008	Colin Donnelly	Lochaber
2009	Stewart Whittlie	Carnethy
2010	Brian Marshall	HELP
2011	Kenny Richmond	Bellahouston
2012	Kenny Richmond	Shettleston
2013	Mark Harris	Fife AC
2014	Kenny Richmond	Shettleston
2015	Stewart Whittlie	Carnethy
2016	Kenny Richmond	Shettleston
2017	Dessie Flanagan	Carnethy
2018	Alasdair Anthony	Ochil HR
2019	Eliot Sedman	Carnethy
2020	No Championship held	
2021	Michael Reid	Carnethy
2022	Andy Fallas	Carnethy
2023	Andy Fallas	Carnethy
2024	Andy Fallas	Carnethy
2025	Andy Fallas	Carnethy

## Women Over 40

1998	Christine Menhennet	Westerlands
1999	Anne Nimmo	Carnethy
2000	Elaine Stewart	Cosmics
2001	Maira Stewart	Carnethy
2002	Jocelyn Scott	Fife AC
2003	Helen Murray	Lothian
2004	Louise Burt	Fife AC
2005	Maggie Keegan	Carnethy
2006	Louise Burt	Fife AC
2007	Louise Burt	Fife AC
2008	Jacqui Higginbottom	Carnethy
2009	Jacqui Higginbottom	Carnethy
2010	Veronique Oldham	Cosmics
2011	Veronique Oldham	Cosmics
2012	Veronique Oldham	Cosmics
2013	Angela Mudge	Carnethy
2014	Veronique Oldham	Cosmics
2015	Shona Robertson	Shettleston
2016	Veronique Oldham	Cosmics
2017	Shona Robertson	Shettleston
2018	Veronique Oldham	Cosmics
2019	Heather Anderson	Fife AC
2020	No Championship held	
2021	Heather Anderson	Fife AC
2022	Angela Mudge	Ochils
2023	Angela Mudge	Ochils
2024	Angela Mudge	Ochils
2025	Sally Wallis	Deeside

## Men Over 50

1989	Bill Gauld	Carnethy
1990	Dick Amour	Inverness H
1991	Bill Gauld	Carnethy
1992	Dick Amour	Highland
1993	Keith Burns	Carnethy
1994	Brian Waldie	Carnethy
1995	Jim Shields	Clydesdale
1996	Brian Waldie	Carnethy
1997	Brian Waldie	Carnethy
1998	Jim Knox	Teviotdale
1999	Jim Knox	Teviotdale
2000	Jim Knox	Teviotdale
2001	Dave Armitage	Cosmics
2002	John Blair-Fish	Carnethy
2003	John Blair-Fish	Carnethy
2004	John Blair-Fish	Carnethy
2005	John Blair-Fish	Carnethy
2006	Ewan Paterson	Moray RR
2007	David Scott	Ochil HR
2008	David Scott	Ochil HR
2009	Martin Laing	Fife AC
2010	Ronnie Gallagher	Carnethy
2011	Alan Smith	Deeside
2012	Stewart Whittlie	Carnethy
2013	Stewart Whittlie	Carnethy
2014	Stewart Whittlie	Carnethy
2015	Stewart Whittlie	Carnethy
2016	Stewart Whittlie	Carnethy
2017	Stewart Whittlie	Carnethy
2018	Stewart Whittlie	Carnethy
2019	Stewart Whittlie	Carnethy
2020	No Championship held	
2021	Andrew Macrae	Carnethy
2022	Andrew Macrae	Carnethy
2023	Kenny Richmond	Shettleston
2024	Kenny Richmond	Shettleston
2025	John Connaghan	Shettleston

**Women Over 50**

2004	Anne Nimmo (Carnethy), Alison West (Carnegie)
2005	Not Awarded
2006	Jocelyn Scott Fife AC
2007	Jocelyn Scott Fife AC
2008	Christine Menhennet Westerlands
2009	Anita Hamilton Cosmics
2010	Anita Hamilton Cosmics
2011	Gill Irvine Highland HR
2012	Anita Hamilton Cosmics
2013	Hilary Ritchie Fife AC
2014	Val Houston Westerlands
2015	Val Houston Westerlands
2016	Veronique Oldham Cosmics
2017	Veronique Oldham Cosmics
2018	Veronique Oldham Cosmics
2019	Veronique Oldham Cosmics
2020	No Championship held
2021	Veronique Oldham Cosmics
2022	Angela Mudge Ochils
2023	Angela Mudge Ochils
2024	Angela Mudge Ochils
2025	Angela Mudge Ochils

**Men Over 55**

2022	Stewart Whittie Carnethy
2023	Colin Donnelly Cambuslang
2024	Kenny Richmond Shettleston
2025	John Conngnan Shettleston

**Women Over 55**

2022	Veronique Oldham Cosmics
2023	Nicky Spinks Dark Peak
2024	Nicky Spinks Dark Peak
2025	Veronique Oldham Cosmics

**SHR Senior Team Championship**

Year	Male Team	Female Team
1989	Gala	
1990	HELP	
1991	Lochaber	
1992	Carnethy	
1993	Lochaber	
1994	Shettleston	
1995	Shettleston	Westerlands
1996	Shettleston	Cosmic HB
1997	Shettleston	Carnethy
1998	Shettleston	Carnethy
1999	Carnethy	Carnethy
2000	Carnethy	Carnethy
2001	Carnethy	Carnethy
2002	Carnethy/Shettleston	Not Awarded
2003	Carnethy	Carnethy
2004	Shettleston	Carnethy
2005	Carnethy	Carnethy
2006	Carnethy	Carnethy
2007	Carnethy	Fife
2008	Carnethy/Shettleston	Carnethy
2009	Carnethy	Cosmic HB
2010	Carnethy	Carnethy
2011	Shettleston	Ochil HR
2012	Carnethy	HBT
2013	Carnethy	Carnethy
2014	Carnethy	Deeside
2015	Carnethy	Carnethy
2016	Shettleston	Deeside
2017	Carnethy	HBT

**Men Over 60**

2003	Keith Burns Carnethy
2004	Gareth Bryan-Jones Ochil HR
2005	Charlie Love Dundee HH
2006	Gareth Bryan-Jones Ochil HR
2007	Douglas Milligan Solway
2008	Douglas Milligan Solway
2009	Douglas Milligan Solway
2010	Tom Scott Fife AC
2011	Martin Hulme Corstorphine
2012	Ewan Paterson Moray RR
2013	Ewan Paterson Moray RR
2014	Ewan Paterson Moray RR
2015	Ewan Paterson Moray RR
2016	Ewan Paterson Moray RR
2017	Philip Kammer Cosmics
2018	John Tullie Teviotdale
2019	John Tullie Teviotdale
2020	No Championship held
2021	Des Crowe Penicuik H
2022	Stewart Whittie Carnethy
2023	Colin Donnelly Cambuslang
2024	Stewart Whittie Carnethy
2025	Stewart Whittie Carnethy

**Women Over 60**

2009	Phyllis Lemoncello Fife AC
2010	Phyllis Lemoncello Fife AC
2011	Ros Evans Westerlands
2012	Ros Evans Westerlands
2013	Ros Evans Westerlands
2014	Jane Kerridge Deeside
2015	Jane Kerridge Deeside
2016	Jocelyn Scott Fife AC
2017	Christine Menhennet Westerlands
2018	Jocelyn Scott Fife AC
2019	Jocelyn Scott Fife AC

2020	No Championship held
2021	Jane Oliver Deeside
2022	Joan Wilson Lomonds
2023	Hilary Ritchie Fife AC
2024	Hilary Ritchie Fife AC
2025	Hilary Ritchie Fife AC

**Men Over 65**

2022	Roderick Pugh Kilmarnock
2023	John Tullie Teviotdale
2024	Don Reid Westerlands
2025	Colin Donnelly Cambuslang

**Women over 65**

2022	Jocelyn Scott Fife AC
2023	No Award
2024	Jane Oliver Deeside
2025	Jane Oliver Deeside

**Men Over 70**

2013	Keith Burns Carnethy
2014	Gareth Bryan-Jones Ochil HR
2015	Gibson Fleming Westerlands
2016	Gareth Bryan Jones Ochil HR
2017	Douglas Milligan Solway RC
2018	Douglas Milligan Solway RC
2019	Douglas Milligan Solway RC Graham Arthur Highland HR
2020	No Championship held
2021	Murdo MacLeod Westerlands
2022	Ewan Patterson Highland HR
2023	Murdo MacLeod Westerlands
2024	Murdo MacLeod Westerlands
2025	Pat Fitzpatrick Ochil HR

**Women over 70**

2022	Jocelyn Scott Fife AC
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**SHR Teams over 40 Championship**

Year	Male Team	Female Team
2007	Carnethy	Fife
2008	Carnethy/Westies	Fife
2009	Carnethy	Fife
2010	Carnethy	Carnethy
2011	Carnethy	Carnethy
2012	Carnethy	Cosmic HB
2013	Carnethy	Carnethy
2014	Carnethy	Cosmic HB
2015	Carnethy	Fife
2016	Shettleston	Fife
2017	Carnethy/Shett	Fife
2018	Shettleston	Carnethy
2019	Shettleston	Fife AC
2020	No Championship held	
2021	Carnethy	Fife AC
2022	Carnethy	Fife AC
2023	Carnethy	Ochils
2024	Carnethy / Shettleston	No Award
2025	Carnethy	Westerlands

# PETE BLAND SPORTS 2026 ROAD SHOW

SUPPORTING FELLRUNNING FOR 44 YEARS



## FEBRUARY

21	DOCTOR'S GATE	E
28	HIGH CUP NICK	M

## MARCH

1	ILKLEY MOOR	
7	STAN'S PENDLE ROUND	
7	BLACK COMBE	M, E
21	CONISTON 14	ROAD
28	COLEDALE HORSESHOE	M, LGP
28	PENDLE	

## APRIL

4	JAN KJELLSTROM	
11	HAWKSHEAD TRAIL	LT
18	NEWLANDS MEMORIAL	M, LGP
18	BLACKSTONE EDGE	E
25	3 PEAKS	M

## MAY

2	CONISTON	M
2	STAVELEY TRAIL	LT
9	FAIRFIELD	M, LGP
9	SEDBERGH	JNR
17	ESK VALLEY	JNR
23	HUTTON ROOF	
30	DUDDON	M, LC
30	GRASMERE GALLOP	
30	OGDEN WATER	JNR

## JUNE

6	ENNERDALE	M, LC
6	CONISTON TRAIL	LT
7	CONISTON TRAIL MARATHON	LT
14	EDALE	JNR
20	CLOUGHA PIKE	JNR
28	BLENCATHRA	M, E

## JULY

4	BUTTERMERE HORSESHOE	M, LC
4	SAUNDERS MM	
11	LAKELAND ULTRA TRAIL	LT
11	WASDALE	M, LC
11	PEN Y FAN	B
12	WHINLATTER	JNR
18	SNOWDON	
19	KENTMERE HORSESHOE	M, LGP
25	ALDERMAN'S ASCENT	E
30	RYDAL ROUND	M

## AUGUST

1	BORROWDALE	M, LGP, LC
8	TURNER LANDSCAPE	M, LGP
16	SEDBERGH HILLS	M
30	GRASMERE SPORTS	

## SEPTEMBER

5	BEN NEVIS	
5	KESWICK TRAIL	LT
12	OLD CROWN ROUND	B, E
13	MOUNTAIN TRIAL	
26	THREE SHIRES	M, LGP, LC



## OCTOBER

3	HODGSON BROTHERS RELAY	M
4	ENGLISH SCHOOLS	
10	LANGDALE HORSESHOE	M, LGP
17	BRITISH RELAYS	B
24	SNOWDONIA MARATHON	ROAD

## NOVEMBER

7	DUNNERDALE	M
7	HELVELLYN TRAIL	LT
8	ULLSWATER TRAIL	LT
21	TOUR OF PENDLE	M
29	LEE MILL RELAY	

**M** = RACE MAP AVAILABLE  
**LGP** = LAKES GRAND PRIX  
**LC** = LAKELAND CLASSICS  
**B** = BRITISH CHAMPIONSHIP  
**E** = ENGLISH CHAMPIONSHIP  
**LT** = LAKELAND TRAILS  
**JNR** = JUNIOR CHAMPIONSHIP

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